



Kaleidoscope

September 2024



THE DOON GIRLS' SCHOOL

4 Circular Road | Dehradun | Uttarakhand | www.thedoongirlsschool.com

 @thedoongirlsschool

SWACHCHHTA AND HINDI PAKHWADA

September 1-14, 2024

Hindi Pakhwada was celebrated in our school on the theme of cleanliness. Various competitions were organized during this fortnight, with highlights including an oath-taking ceremony for cleanliness, slogan writing, Bal Sansad, and poster making.

The main attraction was the Bal Sansad (Youth Parliament) organized by students of classes 9 and 10, featuring an engaging quiz. Additionally, students of class 7 conducted an assembly on Climate

Change, spreading awareness through a PowerPoint presentation and testing their understanding with a quiz.

A Nukkad Naatak (street play), written and directed by Mr. Varun Chamoli, conveyed important messages about cleanliness and climate change. This performance received praise, especially during its presentation at Deen Dayal Upadhyay Coronation Hospital on 14th September, where attendees appreciated it greatly.



TEACHERS' DAY CELEBRATIONS

September 5-6, 2024

Day 1

To celebrate Teachers' Day, all the teachers went to Spillway Resort, where they enjoyed various indoor and outdoor activities.

Day 2

The Teachers' Day celebration continued on the school campus. The students of Class 10 organized a event for the teachers. Everything went well, and it was very well enjoyed by all the teachers. We thank all the students for their excellent arrangement despite limited resources and time.



16TH UK YOGA CHAMPIONSHIP

September 08, 2024

10 girls from our school participated in the 16th UK Yoga Championship, showcasing their dedication and talent in various yoga disciplines.

The following girls won the Gold Medal in their respective categories:

Mridini Chauhaan

Christine Neelam

Yashasvi Yadav

Mridini Chauhan and Christine Neelam have been selected for the Nationals.



HINDI WORKSHOP - BSAI

September 18, 2024

A workshop in Hindi was hosted by Welham Girls' School to celebrate Hindi Pakhwada. This event was organized in collaboration with the Boarding School Association of India (BSAI) and conducted by the renowned linguist and media studies expert, Acharya Pandit Prithvinath Pandey.

The workshop welcomed Hindi teachers from both government and private schools, with a total of 44 educators participating from across the state. Acharya Pandey emphasized the importance of correct oral and written language usage in teaching and learning. He guided participants on the appropriate use of words and sentences frequently encountered in daily and educational settings.

Mr. Varun Chamoli and Ms. Mamta Kandpal represented our school and actively participated in this valuable workshop, gaining insights to enhance their teaching practices.



CULTURAL EVENING BY SPIC MACAY

September 25, 2024

Under the auspices of SPIC MACAY, the Vallabhata Kalari Group hosted a captivating Kalaripayattu performance at our school. Kalaripayattu, an ancient Indian martial art that originated in Kerala, enthralled the audience with its intricate techniques and rich cultural significance. The term "Kalari" translates to "battlefield," reflecting the art's legacy of combat training, which includes weapon use, yoga, and healing practices. Often referred to as the "Mother of All Martial Arts," Kalaripayattu is revered not only for its effectiveness in combat but also for its holistic benefits for the body, mind, and spirit.

The performance showcased various components of Kalaripayattu, each highlighting a different aspect of this discipline. It began with Pootara Vandana, a salutation and invocation to honor the tradition. This was followed by Pulianga Payattu, a sequence performed after 2.5 years of training, demonstrating the skill and dedication of the practitioners.

Fundamental exercises, known as Anga Sadhakam, were also demonstrated, designed to enhance suppleness and strength. The audience was particularly enthralled by the display of weapon combat, which included staff (stick) combat, spear combat with sword and shield,

and Vadivgal—animal stances that represented creatures such as the bull, lion, horse, fish, boar, dog, and snake. The performance also included dagger combat, Valh Vali (sword massage), Vadi (stick waving), and Mel Payattu, a combination of stances and movements aimed at increasing stamina.

The program concluded with a vote of thanks delivered by our Principal, who expressed gratitude to the performers and presented tokens of appreciation to the entire group.

It was an unforgettable experience that has deepened our appreciation for our rich cultural heritage.



EXPLORING NATURE

September 29, 2024

On September 29, 2024, a nature walk led by Mr. Suniti at Anand Van (Jhajra Forest) aimed to deepen participants' understanding of local flora and fauna. The walk began with discussions on native trees, including the Kadam, Haldu, Ber, and Amla, as well as insights into Anand Bugyal, the high-altitude meadows in the Himalayas. The participants enjoyed birdwatching, identifying various species such as the Black-headed Chawara and Indian Paradise

Flycatcher, showcasing the region's avian diversity. Engaging discussions followed about local insects and plants, including the Moth Plant and the Tissue Paper Plant, which has thin, papery leaves. Observations of fungi highlighted their ecological role in decomposing wood and enriching soil, particularly during monsoons. The group also learned about the differences between venomous and poisonous creatures, emphasizing the importance of this knowledge for

safety. One highlight was the Golden Wood Spider, noted for its unique feeding habits. The walk concluded with an exploration of a large termite hill, illustrating the intricate interdependence of species within the ecosystem. Overall, the experience fostered a profound appreciation for nature, inspiring participants to continue exploring and protecting their environment.



SPORTS SECTION



1ST OKGKS OPEN DISTRICT KARATE CHAMPIONSHIP 2024

September 2, 2024

A group of 13 girls participated in the 1st OKGKS Open District Karate Championship 2024 held at Shivalik Academy, Selaqui, Dehradun.



Results of the 1st OKGKS Open District Karate Championship 2024 were as follows :

Kumite Event:

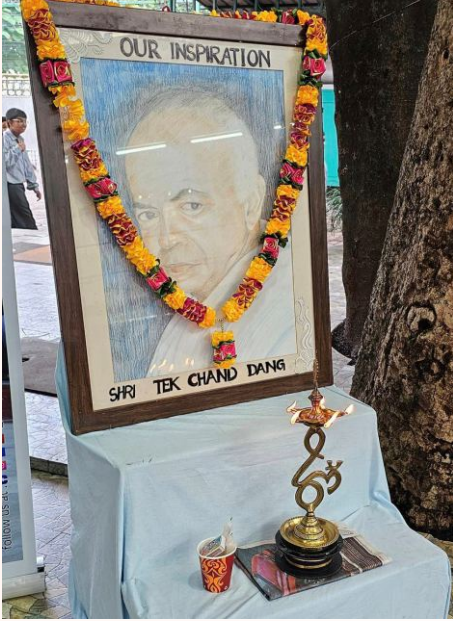
- Gold Medal : Yashasvi Yadav, Kavita Bisht
- Silver Medal : Kamal Kour, Aarav Shakya
- Bronze Medal : Misheeta Mittal, Aradhya Kanchan, Kaashvi Kedia, Geetika Shakya, Riddhi Varshney, Sinaaki Cynthia, Saumya Jha

Kata Event:

- Gold : Misheeta Mittal
- Silver : Lavanya Vishal
- Bronze : Tamreen Brar, Gaurangi Rastogi

15TH SRI TEK-CHAND MEMORIAL BASKETBALL TOURNAMENT (U-12)

September 27-29, 2024



This time ten teams participated. The first match was played between The Doon Girls' School and Shikshaankur.

On the second day, Saturday, DGS team defeated DPSG with a score of 8-6, securing a place in the semifinals. In the earlier league matches, The Oasis beat the Shikshaankur team 16-2, PYDS defeated Him Jyoti 12-3, DPSG won against Shikshaankur 25-4, The Oasis triumphed over St. Jude's 29-2, Sun Valley defeated The Doon World School 11-2, and DGS

defeated St. Jude's 34-6, all making their way to the semifinals.

On the third day, two semifinal matches were played on Sunday. In the first match, PYDS defeated The Oasis to secure a place in the finals. The second semifinal was between Him Jyoti and The Doon Girls' School.

In the final match, The Doon Girls defeated PYDS 21-10 to claim the trophy.

Best Player: Tok Riza,

Most Promising Player: Kavita Bisht



